



PINELLAS COUNTY SHERIFF'S OFFICE

PINELLAS COUNTY SHERIFF'S OFFICE PRE-CERTIFIED PHYSICAL ABILITIES TEST (PAT)

A **Certified Deputy** must demonstrate the ability to perform essential physical tasks in accordance with established standards. The **Pinellas County Sheriff's Office** requires all potential pre-certified candidates to meet the following standards prior to receiving an offer of employment.

The **Physical Abilities Test (PAT)** consists of the following components, performed in sequence:

1. Exit the vehicle and access the trunk
2. Complete a 220-yard run
3. Navigate an obstacle course
4. Drag a 150 lb. sled for a distance of 50 feet
5. Repeat the obstacle course
6. Repeat the 220-yard run
7. Execute a weapon dry-fire drill
8. Re-enter the trunk and vehicle

The PAT must be successfully completed within **6 minutes and 4 seconds** and is designed to evaluate an applicant's physical readiness for duty.

Thank you for your interest in the Pinellas County Sheriff's Office

Pinellas County Sheriff's Office
Human Resources Bureau
10750 Ulmerton Road
Largo, FL 33778
(727) 582-6208